

KNOW YOUR RIGHTS

in a DATING RELATIONSHIP

I have the right to:

- ▶ Not be abused physically, emotionally or sexually
- ▶ "Fall out of love" with someone and live with no threats
- ▶ Express my own opinions
- ▶ Make my needs as important as my partner's needs
- ▶ Grow as an individual in my own way and not be criticized for it
- ▶ Accept responsibility for my own behavior and no one else's
- ▶ Change my mind
- ▶ Have friends of my own
- ▶ Say "no"
- ▶ Be respected, loved and live a peaceful life



Jon S. Corzine
Governor



Susan Bass Levin
Commissioner

KNOW YOUR RESPONSIBILITIES in a DATING RELATIONSHIP

It is my responsibility to:

- ▶ Not inflict physical, emotional, verbal or sexual abuse on my partner
- ▶ Only blame myself if I am abusive
- ▶ Not use alcohol or drugs as an excuse for abusive behavior
- ▶ Treat other people the same way I want to be treated
- ▶ Take responsibility for my own life
- ▶ Not take responsibility for my partner's actions
- ▶ Get counseling if I am being abusive
- ▶ Recognize and accept my own needs and honor them
- ▶ Understand that relationships are only one part of my total life

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COMMUNITY AFFAIRS



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